

HOW DOES PLAYING HELP MY CHILD LEARN?



Play aids in the learning and development of young children and is a “central component to promote school readiness”.

(Movahedazarhouligh, 2018)

1 Supports Holistic Development

Play equips your child with skills to resolve problems, to communicate and interact with others, to build friendships and relationships with peers and significant adults, to develop fine and gross motor skills, and to learn the self-regulation skills needed to grow and learn.

(Lombard & Du Toit 2021)

2 Builds Executive Function

Play provides an opportunity to build the executive functioning that underlies adaptive behaviors at home; improve language and math skills in school; build the safe, stable, and nurturing relationships that buffer against toxic stress; and build social–emotional resilience.

(Yogman, et al., 2018)

3 Expands Scope of Learning

In guided play, the learning experience is inherently meaningful to your child as play naturally cultivates their enjoyment, motivation, and agency; while the inclusion of guidance by a supportive adult extends the scope for learning beyond what the child might achieve on their own.

(Hopkins et al., 2019; Weisberg et al., 2016)

4 Optimal Learning Approach

Research has found that children who engaged in guided play activities were more likely to learn a target piece of information than children who engaged in free play --- and in some cases, more than children who were directly instructed.

(Toub TS, Hassinger-Das B, Nesbitt KT, et al. 2017)

PLAY-BASED, ACADEMIC TUTORING FOR CHILDREN WITH COMPLEX SUPPORT NEEDS

Maura Brown, M. Ed is an Inclusion Specialist who has worked in Special Education for over 10 years. She works with individuals, caregivers, and schools to ensure children with disabilities have **access to**, and **are included in**, all aspects of the educational environment and experience. Maura specializes in working with students with complex support needs, including Autism, Sensory Processing Disorder, and multi modalities for speech (ex. use of an AAC device).

For ages 4-8 (Pre-Kindergarten)

Individualized, 60-minute sessions will incorporate:

- child's strengths, interests, and support needs;
- personal and/or IEP goals;
- play-based and child-led strategies.

Home-based or at the Fascination Factory.



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